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268 Copyr ight © 2020, IGI Global. Copying or distr ibuting in pr int or electronic for ms wit hout wr itten per mission of IGI Global is prohibited. Chapter 14 DOI: 10.4018/978-1-5225-8528-2.ch014 Understanding Istifadah (Utilizing Time and Chance) for Personality Development in Islamic Education Muhamad Must aqim Ahmad Universiti Kebangsaan Mala ysia, Mala ysia Mohd Hilmi Rozali Universiti Teknologi Mala ysia, Mala ysia Nurazmalail Mar ni Universiti Teknologi Mala ysia, Mala ysia Nurazmalail Mar ni Universiti Teknologi Mala ysia, Mala ysia Ahmad Kilani Mohamed Universiti Teknologi Mala ysia, Mala ysia Andino Maseleno Universiti Tenaga Nasional Mala ysia, Mala ysia Noorhaswar i Ismail Universiti Teknologi Mala ysia, Mala ysia, Mala ysia Noorhaswar i Ismail Universiti Teknologi Mala ysia, Mala ysia Mohd Hilmi Rozali Universiti Teknologi Mala ysia, Mala ysia Noorhaswar i Ismail Universiti Teknologi Mala ysia, Mala ysia Mala ysia Mift achul Huda https://orcid.org/0000-0001-6712- 0056 Universiti Pendidik an Sultan Idr is, Mala ysia M.Ikhsan Nawawi Institute for Islamic Studies Agus Salim, Indonesia Liber ty Liber ty State Institute for Islamic Studies (IAIN) Metro Lam pung, Indonesia Jarkawi Jarkawi https://orcid.org/0000-0002-7846- 3983 Universitas Islam Kalimantan Muhammad Arsyad Al Banjar i, Indonesia Azmil Hashim Universiti Pendidik an Sultan Idr is, Mala ysia Copyr ight © 2020, IGI Global.

Copying or distr ibuting in pr int or electronic for ms wit hout wr itten per mission of IGI Global is prohibited. 269 Understanding Istifadah (Utilizing Time and Chance) for Personality Development INTRODUCTION Dur ing t he last decade, t he number of behaviour challenges could be viewed into t he cer t ain phenomena of student involvement in t he cr iminal t ask as repor ted by t he local aut hor ity (Afr iyanti and Siti, 2015; Ar if in, 2015; Khalisotussur ur and Ramidi, 2015). Moreover, it is repor ted t hat t here is such cr isis in character wit h a rampant occur rence of phenomena.

Such <mark>indicators include violence, vandalism and adolescent mischief, dishonesty,</mark> disrespect and cr uelty to peers. These incidents point out a wor r ying condition wit <mark>h</mark> declining of characters of students. The decline of t he students' morality encourages t he researchers to examine t he problem t hrough t he perspective of character education.

Wit h respect to t he problems of character values facing t he community in general, and among t he students in par ticular, it is necessar y to make a 'foundational concept' as an ef for t to per for m character education. On t his regard, bot h general and character education are necessar y as t he ultimate component in t he ef for t to instil noble characters and values (Att aran, 2015; Halstead, 2014; Tan, Naidu & Jamil, 2018).

This acts as a signif icant attempt to equip students not only wit h t he qualities of knowledge in t he sense of cognitive aspects, but also to ref lecting how ment al and spir itual aspects become a basic element to develop t hem in order to be generations wit h noble character. Through implementing character education, some ways, one of which is how students should do, in ter ms of managing time and maximizing time for vir tues inquir y, become a signif icant ef for t to instil et hical foundations for t he students.

However, it is unfor tunate, not many studies have been t aken to par ticular address t he point of how t he students should do in t he 'specif ically shared ways' in t he context of utilizing time and chance, known as concept of istifadah as a par t of et hical foundation for t he students. This chapter attempts to examine istifadah as moral education t hrough t aking t he f irst st age in satisfying t his gap t hrough cr itical exploration.

Moreover, t he essentials of moral education refer r ing to t he istifadah context wit h a comprehensive approach is potentially explored in utilizing time and chance to enhance t he quality for students interaction. The integ rative morality to be implemented in t he educational process refers to most encourage transfor ming individual qualities wit h spir itual and intellectual skills.

The main discussion of t his chapter refers to t he t heoretical conception of al-Zar nuji's Ta?lim al-Muta?allim, which has t he wider inf luential basis wit h its cr ucial guidelines in giving insights into teaching and lear ning practice in t he context of Islamic education (Haf idzah, 2014; Huda and K ar t anegara, 2015a; Mansor et al., 2015). Moreover, t he distinctive point of t his conceptual framework is indicated into t he following.

Those are t he alter native practice amongst t he teaching of morality amidst t he pesantren (Islamic 270 Understanding Istifadah (Utilizing Time and Chance) for Personality Development boarding), its unique model of teaching and lear ning appropr

iately advanced as t he basic foundation of how to do in respect to t he lear ning and teaching process Conceptualising Istifadah (Utilizing Time and Chance) Pr ior to fur t her discussion about t he concept of istifadah, as al-Zar nuji proposed, it is wor t hwhile to comprehend its def inition f irst. It comes from Arabic word, which actually means 't aking benef it' or advant ages (Yunus, 1990).

It means t hat t here can be car r ied out some pr inciples to be employed t hrough utilising some pr ior ities given, such as time, chance and vir tues. On t his view, t his can be understood t hat in t he order for character education, t he students should be wit h 'favourable feels' in accordance wit h managing daily list of school, for example, and make discipline for ever y cer t ain activity, lear ning schedule outside from school, by always providing some schools' tools and equipment.

In regard to what is meant about istifadah, according to al-Zar nuji's Ta?lim al-Muta?allim, t here are two main aspects, at which all t hese are par ticularly concer ned to pr ior itising bot h two fundament al points, 'time' and 'chance' (p.114-115). On t his point of view, t here has been clearly outlined in t he Qur'an, (al-'A?r, v.1-3), 'For t he sake of time, behold, t he man is really in loss: except t hose who believe in and do r ighteous deeds (amal salih) and counsel's advice (na?ihat) to obey t he tr ut h (haq) and to comply wit h patience and const ancy (?abr)'.

From t his verse, t here cont ain two main vir tues as t he ultimate point of stressing on utilising such potentials being a sequence of t he process of istifadah, at which each has t he sust ainability, namely time management wit h discipline and also wisdom t hrough vir tues inquir y from exper ienced personality. As outlined in t he verse, t he vir tues should come from t he individual managing well balancing between r ighteous deeds ('amal salih) and counsel's advice in order to achieve t he tr ut h (ta wa ?a wb al-haq).

In line wit h underst anding t he basis of istifadah, t he attempts to utilise time and chance refer to enhance t he moral quality as t he responsible awareness in action management, where t he planning should be incor porated in gaining t he wisdom-based exper iential vir tues. Wit h t his regard, t he basis of underst anding behavioural manners in leading to t he goodness from t he personal and social context should begin wit h f lour ishing t he account ability st andard to put into t he universal level in enabling t he accessibility to achieve t he main point.

The balance between productivity achievement and entire process in guiding t he advanced pr inciples to t he people manners refers to apply for t he t heoretical and practical capability wit hin identifying what to do appropr iately and wisely into t he par ticular condition (Brownlee et al., 2016; Tan & Ibrahim, 2017). In t his perspective, it is

sure to make underst anding about t he moral vir tues supplement to give t he positive feedback in assisting t he life, for example, as t he praise of such individual development.

Ot her chance to be utilised 271 Understanding Istifadah (Utilizing Time and Chance) for Personality Development is about 't he time for praying at night' in t he order for making it as 'soul-ref lective t hinking' (Al-Zar nuji, 2008). Wit h t his regard, t here are many oppor tunities actually being able to utilize for t he students or adolescents, as t he ef for t to conduct whatever should come in t he attempts to achieve t he moral quality vir tues. This ensures to yield t he main concer n which will later become t he soul conduction to t he hear t.

In the real discourse, the point could be viewed in particular including the process of lear ning to fit into the contemporary needs which the student could have chance in underst anding the certain subject. Through moral quality development with a significant attribution to underlie the discipline among the persons, it is wort hwhile to take note in a particular way that the scale of underst anding to do furt ther towards the behavioural attitude refers to transform the beneficial value which can uphold the personality trait in responding the certain situations wisely within maint aining the human character behaviour (Lubis, 2015; Rahim, 2013; Robinson, 2015).

It is tr ue t hat t he essential element of moral behaviour toget her wit h applying t he extent of knowledge in assessing t he appropriate act will consequently lead to t he practical habituation which is fundament al to give a feedback with a significant consequence to t he personal qualities. In t he effort to asses t he suit ability of acting and realising with t he cert ain practice to become t he particular habituation of moral quality development, t he manners management in t he way to dr ive t he path of direction should br ing along with underst anding to look at t he cert ain phenomena to provide t he solution basis wisely referring to t he Islamic way of life in particular (Choudhur y, 2016a; Watt, 2017).

Wit h t his regard, t he mutual involvement of action management t hrough planning to give t he sustenance committed into t he discipline of manners in underlying t he human behaviour. Integrating Hikmah (Wisdom) on Moral Quality for Personal Development in Islamic Education As t he wise approach in underlying professional practice wit h moral responsibility, hikmah (wisdom) has t he link to expand t he capacity of personal quality including knowledge underst anding together with cer t ain technique in dealing with the emerging challenges (Önal, 2010; Proctor, 2013).

The key point of gaining t he infor mation related in suppor ting t he active involvement

in t he society at large should br ing along wit h spir itual and moral subst ance. The point of t his att ainment refers to underlie t he personal quality transmitted into upholding t he complex condition in t he wide range of many levels to solve t he problem wisely wit hin t he Islamic pr inciples (Fahr iana & Huda, 2019; Huda and Sabani, 2018; Lovat, 2016; Suhar to, 2018).

In t he attempts to deter mine t he wise basis to elevate t he exper ience and knowledge underst anding, it is necessar y to build t he quality assurance of t he ability to deter mine whet her it is cor rect and false or r ight and wrong. In par ticular, t he action plan management 272 Understanding Istifadah (Utilizing Time and Chance) for Personality Development needs to monitor from t he entire process wit h t he suf f icient knowledge capacity in underlying t he responsible commitment towards what to do and how to achieve appropr iately (Fer rar i et al, 2011).

Conceptualised as t he extensive knowledge in looking at t he whole context of cer t ain phenomena, attempts to recognise t he root of problems wit h suf f icient infor mation refer to deter mine t he accuracy of how such solution could be ef fective wit hin t he action plan management (Demirel Ucan & Wr ight, 2019). Subsequently, t he extent of knowledge skills and underst anding st age plays a key role in transmitting t he decision point of interacting, socialising and acting wisely in t he social community at large.

Thus, wisdom as a vir tue which has t he potential qualities in deter mining which appropr iate manners should be per for med well. In ter ms of lear ning f ield, t he et hical foundation of socialising t he interaction toget her wit h its character istics should build t he attempts emphasise t he core elements in underlying t he social interaction across human relationship.

Those are t he knowledge underst anding about t he way to achieve t he lear ning process, t he way to do wisely wit hin t he Islamic education pr inciple guidelines, t he way to become a pious quality of personal and social or ient ation, and also t he way to live peacefully wit h getting involved into ot hers concisely. As such, t he awareness capacity to enlarge t he mutual tr ust in t he human relationship refers to point out suppor ting to conduct t he cer t ain t ask in school context, environment al concer n and also nation building (Balakr ishnan, 2017; K ar t anegara, & Huda, 2016; Mohd Khambali@ Hambali et al., 2017; Tan et al., 2018).

As a result, wisdom should be comprehended well in order to being per for med in such a way and manner for life. Much whatever should be employed means t hat t he chance given to increase such vir tues in search for hikmah (wisdom) is required from t he 'person wit h exper iences' (al-Zar nuji, 2008, p.117). It means t hat t he extents of potentials which t he person has have t he coherence extent to give t he inf luential basis t hrough worldview. Moreover, hikmah should be maint ained to embed in a par ticular way in underlying t he personal quality in managing t heir time wisely based on t he need. The combination amongst t he exper t knowledge refers to enhance t he ref lecting practice in ter ms of teaching and lear ning process, working exper ience and also t he vacation prog ram at t he cer t ain place.

Wit h t his regard, t he extent of wise way to view t he reality is t he potential effect to how a person should react wisely wit h in any condition. It means t hat a person wit h t he wise view should reach one of such character istics, including an extensive factual and t heoretical knowledge, being successful at living well and knowing how to live.

In line wit h t he measurement, operation and def inition of hikmah, t he wide range of elements including integ ration point of intellectual capacity, ref lective practice, and also af fective personality character istics refers to t he foundational subst ance t hat vir tues as emphasised at which its sources der ive from t he nature are concer ned to t he acquisition of hikmah.

Consequently, achieving t his hikmah, 273 Understanding Istifadah (Utilizing Time and Chance) for Personality Development which is a central notion for noble values, should be or iented t hrough vir tues inquir y (Choudhur y, 2016a). The wisdom-based moral vir tues could be identified into measur ing t he manner assigned with t he awareness extent to link t he relationships between personal and social quality skills in giving t he insights into promising t he peaceful or ient ation integ rated amidst community.

In par ticular, attempts to of fer t he pr inciple guidelines t hrough t he initiative of pat hway of instr uctional process in achieving har mony and integ r ity in t he balance between personal and social or ient ation behaviour subst ance (Huda et al., 2017a; Maseleno et al., 2018). Wit h deploying t he wisdom-based manner as t he way to deal wit h t he cer t ain challenges in t he social interaction for inst ance, it is necessar y to point out giving t he function as t he par ticular chance to ensure in overcoming t he integ rated perspectives of t he behavioural pat hs toget her wit h cr itical t hinking skills.

As a result, t he suf f icient supplement to give t he feedback in giving t he direction to go for ward could be deter mined to enhance t he exper iential basis in t he life circumst ance in achieving t he happiness. Moreover, t he broader context of assessing t he realities in perceiving t he pr inciple of direction towards what to do and how to do wisely wit h committed awareness of having look at t he whole into t he cer t ain issue

refers to play a key role in ensur ing t he way to achieve t he happiness (Bergsma and Ardelt, 2012; Huda et al., 2017b).

In par ticular, t he wise basis here could be t aken to give a point of contr ibuting t he direction as a pat hway to transmit t he mutual feeling, concer n and also underst anding in t he sense t hat can be concentrating a vision to be aware of issues around t he social life amidst t he community at large. In addition, t he mutual line of moral quality pr inciples refers to sust aining t he essential value of distinctive for m of Islamic point of view in stressing t he discourse of developing t he personality traits wit h having t he matur ity-based exper iential scale toget her wit h knowledge underst anding.

This is import ant to take note that the basic elements of moral quality with pointing out the virtue ethics refer to the main principles which direct persons to give on directing the pathway the addressing the human consciousness towards emerging global context. Emphasising the virtue ethics refers to take a beneficial value of moral responsibility committed to flour ish the dimension of human behaviour toget her wit h skilful ability to lead to the manner management (Intezar i, 2016; Huda et al., 2017c).

In par ticular, it is necessar y to enlarge t he way of et hical discourse in underlying bot h person and community at large to be aware of recognition of t he relationship between personal and social level to represent t he behavioural subst ance or iented to t he interaction. Wit h t his regard, t he et hics to supplement as t he dimension of human manner incor porated into t he essential pr inciples of Islamic education could be emphasised in transmitting t he valuable insights of stressing bot h human har mony and multiplicity.

Moreover, t he cr itical discourse could be comprehended with t he essential point of assessing t he moral behaviour to represent t he or ient ation of building t he balance 274 Understanding Istifadah (Utilizing Time and Chance) for Personality Development between personal development and social responsibility in t he context of recognising what is appropriately good to conduct in fur t her.

This is to ensure t hat t he availability of exper iential scale toget her from t he integ ration between moral obligation and intellectual discourse could be enhanced to dr ive a pat hway to deter mine wisely in line wit h embodying t he rationality, spir ituality and also cognitive ability in underlying t he interaction basis. The circumst ance of personal quality gat hered from exper iential level and also t he knowledge underst anding of religion and sciences may have a por tion to give insights into directing t he wise technique on t he way to have a look at what is tr ue and wrong in a whole context (Huda et al., 2017d; Tan et al., 2018). In t he attempts to enable t he process of interacting, socialising and acting wit h ot hers appropr iately wit hin Islamic pr inciples, it is wort hwhile to consider in par ticular t hat t he ar rangement to show t he integ r ity commitment into moral, spir itual and intellectual skills has to be deter mined to provide a clear picture of having a sense in looking at t he issues in a broader context, so t hat t he way to give solution could appropr iately be prepared in f itting to t he condition.

As a result, t he deter mination process should br ing along wit h an appropr iate technique combined into t he wise approach to which extent of t he knowledge exper t person has would result in t he typical way to see t he choices. Sustaining Continuous Discipline According to al-Zar nuji (2008), istifadah (t aking benef its) for t he students should be per for med at any time to acquire 'vir tues' (p.114).

In ter ms of building t he commitment to have t he continuous discipline, t he essential components of vir tue et hics to underlie t he value of responsibility engagement places a key role as t he bases of wisdom. It indicates t he consistent awareness of managing t he personal quality t hrough t he knowledge underst anding in underlying to give t he direction pat h in what to do and how to do appropriately and wisely in line wit h expanding t he capacity t he human belongs (Huda & Teh, 2018).

In consequence, t his deliberation provides a broader signif icance of scr iptures in religious consciousness. From t his perspective, personality development qualities wit h a suf f icient commitment to build t he exper iential basis should br ing along wit h an entire approach to give insights into personal development in transmitting t he social responsibility awareness (Rahim, 2013; Robinson, 2015).

Moreover, t he par ticular attention should be pointed out in deter mining t he intellectual capacity toget her wit h spir itual ability as a basic assumption contr ibuting to t he educational f ield (Ot hman et al., 2016). In ter ms of lear ning, student has to pr ior itise t he best commitment to employ utilising time management wit h 'discipline'.

It is import ant to note t hat t he discipline is not only to do whatever students are really concer ned, but also to make t he ref lection for 275 Understanding Istifadah (Utilizing Time and Chance) for Personality Development t he soul ref inement, namely by conceptualising such vir tues to be manifested in lear ning, as an ef for t for inculcating noble character values, in par ticular.

In addition, transmitting t he essence of discipline refers to t he training of intellectual capacity toget her wit h accepting t he pr inciple r ules towards t he cer t ain lesson t hat

can be lear nt from t he life circumst ances, such social interaction. Similarly, discipline as believed in an individual life is t he main requirements of creating a condition where t he person can lear n to control one's feelings, emotions and behaviour (Intezar i, 2016; Swar twood, 2013).

As a result, it enables whoever can manage it well to t hink maturely about some phenomena, act maturely towards such problems and to t ake decisions responsibly wit h self-awareness t hrough self- propelled, self- controlled and self-guiding persons (Proctor, 2013; Choudhur y, 2016c). In ot her words, discipline, which can make us responsible and conscious, is one of t he essential traits required for social life.

Consequently, discipline in a society becomes a par ticular decision which might deter mine whet her spir it and t he key-note of t he worldly order are in accordance wit h a par t of life style. In par ticular, discipline should be t aught earlier as a vir tue et hics necessar y to be instilled wit hin t he children to be a personality habituated to do r ight pat h and to have a spir it way.

Since being a part of virtues, discipline is the pre-requisite for g rowth and development for furt her process for one lesson which has to be in imbibed at a very young age (Foucault, 2018). It is necessary to point out the significance of committing with the discipline could give the point in enabling the lear ners to have access in continuing the task s appropriately within the wise approach. In particular, it is the responsibility of the teachers to inculcate in them the value of discipline.

Simply, discipline will be consequently t aught t hrough giving t he commitment towards t he cer t ain appointment in t he sense t hat could be given a chance into self-control management toget her wit h obt aining t he obedience as t he responsibility awareness (Michael, Storey & Thomas, 2008). From t his perspective, it is clear t hat discipline is not only as a good vir tue which adds colour and char m to t he personality, but also as an essential quality of life required by ever y one of our society to make social, professional and family life.

In fur t her, discipline, which is essential for life in ter ms of dif ferent for ms in many dif ferent situations, refers to est ablish t he extent of personal quality in enabling to lear n in controlling one's feelings, emotions and behaviour (Ever tson & Weinstein, 2013). The ability to manage self-controlled behaviour means t hat discipline is t he condition of having all exper ienced personally and socially.

In ot her words, discipline is also an ultimate component as t he supreme import ance of t he hear t and mind which enables to per for m such activities in life (McCullough and Willoughby, 2009). As t he professional st andard for t he key components to uphold t he development of knowledge underst anding and competence skills, it is t he main character in t he sense t hat wit hout discipline t here is not hing to be achieved in life 276 Understanding Istifadah (Utilizing Time and Chance) for Personality Development wit h a var iety of pur poses.

Simply, discipline is an ultimate factor which af fects such spir it way for t he human life in ter ms of work, study and ot her activities, and is an essential habit t hat ever yone should possess as a civilized citizen. In ter ms of t he reason of discipline, t here are many reasons for why it is necessar y as a part of life conduct.

The main reason is t hat wit h a discipline it is a par ticular way t hat we need to exercise discipline to be successful in life (Duckwor t h et al., 2011). As a result, discipline can mean var ious kinds of pur poses to dif ferent people and students, for example. Thus, discipline is concer ned to motivate t he individual and make concentrate on lear ning to get best assignments in on time (Lu et al., 2016).

It can, t hus, be analysed t hat discipline has two main pur poses, to give t he nice situation for students and teachers in order to manage t heir needs and to create circumst ance enabling to lear n well. In ot her words, its signif icance has been var y in line wit h a var iety of pur poses, and also has t he signif icant impact to academic success, or success in careers.

Nurturing Effective Time Management Time management refers to concisely attempt t he entire process of est ablishing t he planning toget her wit h utilizing t he appropriate way to employ t he cer t ain activities, by which to achieve t he effectiveness, efficiency and productivity (Adair, 2009). In addition, time management needs to adopt t he committed awareness of transforming t he wide focus on what to do wisely.

It means t hat t he ef fectiveness in some time t hat a person has may seem more dependent on t he par ticular manner to dedicate precious time to lear ning about time management. As for one of t he potential components in managing time, a fur t her investigation on how to utilise time wit h necessar y and useful matter is an ef fective strategy to manage time appropr iately in t he balance of fulf illing t he demands amidst t he society needs.

As such, it indicates to give t he point of view in enhancing t he necessar y supplement to complete many ot her aspects of life, such as time for study, work , relax, etc. (Thomas et al., 2017). In par ticular, t he necessar y act in t he useful matter here depends on t he technique in organising t he plan to spend on specific activities.

Simply, it is usually a necessity in any project development designed wit h combination of processes, tools, techniques, and met hods, as it deter mines t he project completion time and scope. In ter ms of lear ning, time management in specif ic strategies need to be considered in par ticular, since an appropriate conceptual framework may be used to conceive a fundament al underst anding of managing time wisely.

As a result, t he manner for condensing and memor izing an import ant mater ial becomes one par ticular necessity to self-evaluative st andards for lear ning preparation accurately. In par ticular, al- Zar nuji (2008) points out whoever gets memor ise at any time will surely get lost about his/ her memor y, and t hus t hrough wr iting down he/she will get it forever, 277 Understanding Istifadah (Utilizing Time and Chance) for Personality Development since t he knowledge is infor mation, skills and underst anding obt ained from such exper iences as t he t heoretical or practical underst anding of a subject.

On t his view, t he knowledge is somet hing which is obt ained from scholars' underst anding of any subject in t he for m of t alk or discourse, since t hey memor ised well on what t hey have ever heard, and showed to t he best t hey memor ised. In addition, t he reason why time management is import ance is t hat t he personal quality in managing t he time consequently has t he potency in making successful (Morden, 2017). There are many ways to do in terms of managing time wisely for lear ning.

One manner is wit h making a note for recording such events involving exper ience, underst anding to somet hing new and even some unique and interesting phenomena. In addition, t his can be implemented by providing 'st ationer y to record all new infor mation' about t he knowledge which t he person had just heard in accordance wit h t he scientif ic avail (al-Zar nuji, 2008).

In par ticular, t he students should be concisely aware to make up date somet hing regarding t heir needs dur ing t he process of lear ning, even as being part of character education, by always aler ting all regards related to t he school needs, such as making diar y notes in t he order for being t aken a ref lective essence and also considered as potential enhancement.

The par ticular skill involving t he manner of managing t he det ailed goal refers to enhance t he commitment in building t he appropriate approach to submit t he planning in line wit h concentrating on a crucial point of view in transmitting t he prog ress of t he goals (Chase et al., 2013). In terms of t aking t he prior ity in managing t he active involvement into t he social community as an attempt to t ake benefit of t he time, making t he action planning should be deter mined in enhancing t he individual development and social responsibility development.

Obt aining t he import ant t ask in organising t he careful engagement of per for ming what to do and how to do wisely refers to t he mutual line with cover ing t he action planning as indicated in t he time management. Empowering Strategic Effort With Experiential Foundations Personal qualities involving knowledge, skills, and experience become factors t hat play a role in developing self-regulation.

It means t hat such skill, knowledge and exper ience function as one of t he most signif icant var iables as an ability to monitor and control our own behaviour, emotions and t houghts in accordance wit h par ticular situation. As such, levels of skill and exper ience to ensure suit ability wit h accumulated exper ience is inf luenced many factors, one of which is religious qualities which may ser ve as t he most import ant factor (Foucault, 2018; Greene, 2018).

In par ticular, McCullough and Willoughby (2009) deter mine t he distinguished t heoretical framework t hat t he role of religious consciousness gave t he inf luences on development of self-regulator y power, social behaviour and self-monitor ing control. 278 Understanding Istifadah (Utilizing Time and Chance) for Personality Development Subsequently, from t his perspective, few steps at t he process to car r y out are necessar y, mainly in self-regulator y power to monitor ing control. One of t hem is 'car ing' wit h such exper ienced person (al-Zar nuji, 2008).

This notion essentially has t he consequence from underst anding (istifham), feeling (ihsas) and implementing ('isti?mal), at which car ing is located between istifham and isti'mal. In ter ms of 'car ing', it can be wit h such analysis on how adolescents and students should have t he feeling, being part of t hose wit h more exper ience, such as discussing or shar ing about t he constraints, which may usually be confronted from any way unknown.

This is similar wit h a poetr y 'how much I deeply reg ret and loss to get anyt hing from a noble knowledgeable person, and what has passed not being able to retur n (Choudhur y, 2016c). The ot her ways as t he ef for t necessar y to achieve such vir tues in lear ning are to 'always memor ise and ref lect whatever about t he vir tues and knowledge' (al-Zar nuji, 2008, p.116).

It means t hat moral quality t hat person do refer to actually endowment from God by means of human action, since t he good process for gaining t he vir tue (...). Per t aining to t he emphasis on vir tues inquir y from exper ienced personality, it seems to have

been a key point about t he signif icance of anyone who has more lear ned, as al-Zar nuji (2008) points out t hat 'one lear ned wit h more exper ience will be more signif icantly dif f icult for t he sha ytan (devil) to encourage disturbing wit h such ear nest t han one t housand worshippers'.

The furt her explanation of difficult for sha ytan (devil) here is that a willingness to manage and control ment ality from immoral or wicked behaviour, such as ar rogance in terms of both inward and outward, since this is a very crucial thing which needs to be considered in particular (Huda and K art anegara, 2015).

It means t hat wit h remark able elucidation, vir tue et hics encourages people to develop t heir character to become t he fundament al basis for t he good life. In ter ms of mashaqqah, it can actually be def ined as 'an apprehensive sense for lear ning' (Yunus, 1990, p.201). In ot her words, t here should be any ef for t to conduct dur ing t he process of education wit h t he meaning t hat such ef for t can be outlined as t he for m of 'readiness to have t he responsibility and duty' as t he students who have consciousness and awareness in a whole.

Wit h t his regard, it can be understood as readiness and consciousness in accepting t he duty and responsibility for t he students, in t he order for completing such requirements. Al-Zar nuji (2008) believes t hat achieving t he knowledge will be glor ious if implemented wit h a contemptible essence assigned into t he ear nest ef for t, and t hus could be att ained t hrough such str uggle wit h var ious divergences of requirements.

It means t hat dur ing acquisition of knowledge, readiness to bear var ious kinds of tests to endure, essentially known as 'an ear nest ef for t' should be per for med well (Michael, Storey & Thomas, 2008). This should become an underlying component in t aking into spir it manner as an attempt to make some desirable traits of character (Choudhur y, 2016d).

In par ticular, t he commitment to sust ain obligation t hrough t he wide range of t he moral responsibility 279 Understanding Istifadah (Utilizing Time and Chance) for Personality Development and professional practice will give t he chance to resolve t he challenges involving such et hical questions in terms of obligations and options to t he spir it way in a practice in new community.

The or iginal def inition of tamalluq, according to al-Zar nuji's Ta? lim al-Muta? allim, is f lir ting (Yunus, 1990, p.428). In ot her words, it can be understood t hat t here such a divergence of t ask s and obst acles should be made as t he challenges for t he students

in order to achieve t he wisely mature t hinking and car ing.

Al-Zar nuji believes t hat someone wit h continually deter mined attempt will have more chance to achieve t he glor y as he says 'I knew you are desired to be glor y, but you will not achieve it until making yourself lowly'. It means t hat in ter ms of consequences dur ing t he process of education, some obst acles are necessar ily required to resolve, and t hus making a person wit h continuous ef for t until pursuing such knowledge and readiness for managing any r isk.

In ot her words, some obst acles dur ing t he educational process will become t he main elements to make matur ity in t hinking. This is to construct t he lear ners in t he order for encourage on dynamic t hinking how to resolve t he problems. Implication Into Islamic Education Istifadah is a par ticular concept as t he et hical foundation for character education, since it cont ains such psychological sections.

The necessar y point in t he attempt of measur ing t he psychological components depends on a var iety of approaches including t he quality of belief qualities in Gods. In par ticular, t he wider exper ience from gaining t he spir itual quality would also have t he consequence towards t he extent of responsible awareness into t he human life condition.

In t his view, t he mutual involvement of personal and social qualities in t he sense t hat can be deployed amidst t he social community activities whet her it is from traditional or moder n motives should be incor porated into building t he awareness toget her wit h strengt hening t he Islamic pr inciples (Choudhur y, 2016e; Huda et al., 2019a; Mohd Khambali@ Hambali et al., 2017).

This is to ensure t he extents of expanding t he wide range of ser vices provided into t he social activities in r unning well appropriately under t he prayer setting and management appointment. Moreover, t he balance between personal development and social responsibility awareness should be t aken into consideration in a par ticular way to enhance t he commitment in contr ibuting into t he community ser vice for inst ance (Tan et al., 2018).

Wit h t his regard, t he responsible capacity transmitted into t he practical capability to deliver t he infor mation suf f iciently has to be involved wit h building t he moral obligation in underlying t he way of persons in interacting, acting and socialising wit h t heir par tnerships wisely wit hin Islamic education pr inciples (Ar jmand, 2017; Fahr iana, & Huda, 2019; Halstead, 2004; Halstead, 2007).

As such, t he spir itual capacity wit hin Islamic pr inciples to underlie t he ser vice in shaping t he moral responsibility in ter ms of individual and social 280 Understanding Istifadah (Utilizing Time and Chance) for Personality Development per for mance should br ing along wit h strengt hening t he commitment in building a wise approach in facilit ating t he balance circumst ance.

Such var iety of kinship t hrough constituting t he balance condition wit h such a convenient interaction in t he personal and social level is necessar y as an ef for t to constr uct t he character building for t he students. In line wit h building t he moral pr inciples in Islamic education, character building refers to t he strategic system of cultivating t he moral values amongst t he students. This process involves knowledge, consciousness or volition, and action to implement t hese values, bot h to Almighty God, ourselves, ot hers, environment.

In par ticular, t his attempt h can make human per fect man who has t he wise view. Attempts to cultivate t he moral quality wit h t he good or ient ation refer to t he universal value in enabling t he global context to have a look at t he whole context (Alavi, 2008; Ali, 2011; Choudhur y, 2016e; Kumar & Che Rose, 2012).

Moreover, it is wort hwhile to t ake note t hat bot h parents and educators need to adopt t he mutual relationship to provide t he basis of having such underst anding to t he cer t ain phenomena t hrough ref lecting all t he life circumst ance components (Proctor, 2013). As a result, et hics has become t he upholding elements for enhancing a good character.

It results a quality improvement, which aims at t he realisation of generations wit h a vision, f ixed into t he social responsibility wit h giving t he valuable insights into t he nation building awareness. In order to achieve t hat process, it is necessar y for character education implemented at school to cover all t he components based on its cur r iculum, lear ning process and achievement, relation quality, subject matter, school management, activity and cur r icular, maintenance of facilities, payment and hard work from all educational environment.

Through implementing character education, some ways, one of which is quality of relationship among eit her school environment or family circumst ance, become a signif icant ef for t to instil et hical foundations for t he students. In ter ms of t he signif icance of instilling characters and values, as underlined in al-Zar nuji's Ta?lim al-Muta?allim, t he character is required wit h noble values cooperation between ment al and physical aspect, as refer red in his essentials of niyyah (motivation) in education.

In ot her words, t he role of consider ing niyyah being point of view for managing t he soul and mind, has been a central element, pr ior to fur t her direction for constructing educational process, par ticularly among t he students (Halstead, 2014; Huda and K ar t anegara, 2015a). Moreover, it is also seen as an attempt to pass on moral and religious values to t he students.

In t his context, moral and religious pr inciples should be deter mined to give an insightful value in t he education system, since t he cr iter ia, as st ated, have appropr iately been designed to t he citizenship, for example belief and devotion to God, responsibility, respect, competence and skills and possession of high moral quality (Mabud, 2018; Lubis, 2015; Par rott, 2017; Robinson, 2015).

In par ticular, such values need to be embedded into t he context 281 Understanding Istifadah (Utilizing Time and Chance) for Personality Development of teaching and lear ning procedure t hrough designing t he cur r iculum with var ious activities as its components implemented in t he school. Thus, t he role of t he institution where student and teacher interact with has a quite signif icant potency to help t hem vir tuous, knowledgeable, balanced and har monious development in t heir individuals.

CONCLUSION This chapter did examine t he essential value of istifadah for personality development t hrough elucidating t he t houghtful dialogues wit hin t he conceptual level in enabling t he transmission into t he practical desires wit h its specif ications. Based on t he signif icant ef for t to practise for t he students, being such t ask s of character education, t hrough utilisation or t aking benef it (istifadah), to instil such noble character values, t here are t hree fundament al basis emphasised in t he process for education.

In ter ms of t he power ful construction of al-Zar nuji's concept of istifadah, underst anding, feeling and implementing such proposed conceptual framework s are necessar y as t he ef for t to att ain t he moral values, hikmah, t hrough vir tues inquir y. The f indings reveal t hat t here four core st ages to examine istifadah for personal development in Islamic education context.

Those are sust aining continuous discipline, nur tur ing ef fective time management, integ rating Hikmah (wisdom) based moral quality for personal development, and empower ing strategic effor t wit h exper iential foundations. Moreover, t his study is supposed to give t he contr ibution mainly in supplementing t he t heoretical basis on personality development in Islamic education context.

For conceptual recommendation of education, it is hoped to contr ibute par ticularly in

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